



North Highland College University of the Highlands and Islands

Life & Work Skills Programme – National 1 & 2 (SCQF 1/2)

Overview of course

Students will learn core skills such as IT, communication, numeracy, science and the environment. They will undertake work experience in the “Yellowbees Café”, woodwork and enhancing a healthier lifestyle. In addition, there is an opportunity to achieve personal goals while taking part in fundraising activities and community projects.

Entry requirements

Academically students should be sitting at national level 1 or level 2 and in addition students must be able to:

- Focus on a learning activity
- Study in a classroom environment
- Participate in a variety of group activities
- Participate in a satisfactory interview

What can students do after this course?

On completion, they can progress onto the Life and Work Skills full-time or the Personal Empowerment Programme at the college.

Additional information on this course for Guidance Teachers

The aim of the courses is to:

- Build the confidence of students by providing a safe and supported environment;
- Build the self-esteem of students and create an ethos of empowerment by focusing on personal goals and the achievement of goals, while at NHC;
- Provide a firm foundation of educational qualifications at national 1 and national 2;
- Allow progression to other courses at NHC and the prospect of employment in the future.

Objectives:

- Students will have access to a safe learning environment;
- Students have access to resources and professional teaching staff in the subject/units taught;
- Students will have members of support staff at all times;
- Guidance is available to all students;
- Students will have time to achieve academic qualifications and develop life skills.

The Care and Creative Arts section provides opportunities to develop skills and qualifications to meet the needs of individual students.

Our Life and Work Skills Programme enables students to attain practical work experience and educational qualifications which will enhance the students' prospects for employment in the community.

Students will be given the opportunity to develop social and personal skills, which will ultimately contribute to individuals in becoming independent, confident and assertive.